FONDATION POUR L'INNOVATION POLITIQUE fondapol.org

# COVID-19 MAPPING OF EMOTIONS IN FRANCE

### Madeleine Hamel • May 2020

Paper #1















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## The essentials

- On average, from 24-25 March to 8-10 May 2020, among the feelings tested in the twelve French regions studied, fear decreases, hope increases moderately, yet anger does not diminish.
- Comparisons between the number of hospitalisations and the spread of emotions felt at the regional level indicates a dissociation between perception and reality regarding the situation induced by the Coronavirus.
- Some areas with fewer hospitalisations have higher degrees of fear and anger than areas with more hospitalisations. This may be the fear of what is not yet present in the area or, beyond the health effects, fear of the economic and social repercussions specific to the region's context.
- On average, over the period considered and in four of the regions studied, more than one in two inhabitants said they felt angry about the Covid-19 pandemic: in Burgundy-Franche-Comté (54.2%), in Provence-Alpes-Côte d'Azur/Corsica<sup>1</sup> (52.6%), in Northern France (51%) and in Occitanie (51%).
- Brittany is a champion of optimism and its inhabitants can be distinguished by their low levels of anxiety.
- An additional survey, conducted between the 22 and 24 May 2020, shows that following the first procedures of the post-lockdown, fear and anger decrease, but hope remains at half-mast.

## **Summary**

Introduction	4
I. France: regional mapping of emotions on the eve of the end of lockdown	7
II. The evolution of emotions regarding Coronavirus in French regions	
III. After the end of lockdown, less fear, less anger, but hope remains at half-mast	

Name of the region in French	Name(s) used in English	In the text	
Auvergne-Rhône-Alpes	Auvergne-Rhône-Alpes	Auvergne-Rhône-Alpes	
Bourgogne-Franche-Comté	Burgundy-Franche-Comté	Burgundy-Franche-Comté	
Bretagne	Brittany	Brittany	
Centre-Val de Loire	Loire Valley	Loire Valley	
Grand Est	Great East	Great East	
Hauts-de-France	Northern France	Northern France	
Île-de-France	Île-de-France (Paris region)	Île-de-France	
Normandie	Normandy	Normandy	
Nouvelle-Aquitaine	New Aquitaine (South West)	New Aquitaine	
Occitanie	Occitanie (South of France – Pyrénées / Méditerranée)	Occitanie	
Pays de la Loire	Pays de la Loire (the Loire region)	Pays de la Loire	
Provence-Alpes-Côte d'Azur/	Provence-Alpes-Côte d'Azur/	Provence-Alpes-Côte d'Azur/	
Corse	Corsica	Corsica	

<sup>1.</sup> The "Citizens' Attitudes Towards Covid-19" survey aggregates data from the Provence-Alpes-Côte-d'Azur and Corsica regions.

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## Introduction

Political, economic and social systems must overcome the considerable challenges associated with the Covid-19 pandemic. This health crisis is disrupting our lives and our relationship with others; it is affecting our emotions, our behaviours, our life plans. In this context, a public opinion study, collective representations and attitudes help to guide public action and encourage debates. It is also a way of contributing to the memory of an unprecedented event. This is why the Fondation pour l'innovation politique is a stakeholder in the international research programme entitled "Citizens' Attitudes Towards Covid-19". This research takes the form of a series of public opinion surveys conducted by Ipsos at regular intervals in twenty countries<sup>2</sup>.

The consortium of partners comprises the Agence nationale de la recherche (ANR), the Agence française de développement (AFD), Cerdi-CNRS, the World Bank, Cevipof (CNRS, Science Po), France Stratégie, IAST (Toulouse School of Economics, University of Toulouse), Hanover Universität, Harvard Business School, University of Montreal, McGill University, Università Bocconi, the European University Institute and the University of York.

This programme aims to provide an unprecedented monitoring of public opinion in the context of the Covid-19 crisis: feelings experienced, one's relationship to health safety, acceptance or weariness regarding the protective devices put in place or public health recommendations, etc. These surveys should enable, on the one hand, a better understanding of the way in which different publics adapt psychologically to the measures of social distancing and, on the other hand, a better apprehension of consent in relation to the measures put in place. This contribution focuses on data of the emotions reported by the French interviewees between March and May 2020, in a comparative perspective between twelve regions<sup>3</sup>.

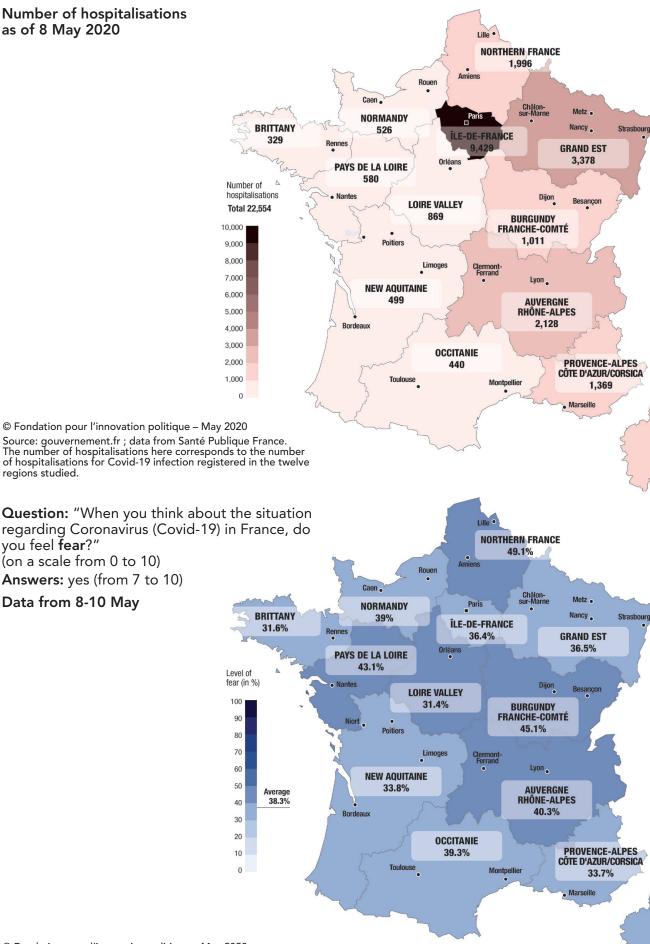
Emotional levels are measured from responses to the question: "When you think about the situation regarding Coronavirus (Covid-19) in France, do you feel... (on a scale from 0 to 10)" asked for three emotions: "fear", "hope" and "anger". For a given individual, an emotion is experienced when its response is between 7 and 10 on this scale (i.e. "yes"). The level of emotion corresponds to the percentage of people experiencing that emotion. A separate question is asked for each of the above-mentioned emotions: each respondent thus consecutively indicates the extent to which he or she feels fear, the extent to which he or she feels hope and the extent to which he or she feels anger.

The French population has already been surveyed eight times, at intervals of two to three weeks. However, in order to guarantee the robustness of the regional samples, we decided not to take into account the data from 16 March and 1st-2 April, in the graphical representations and in our calculations as they did not meet the conditions for guaranteeing the regional representativeness of these samples. A ninth round of the survey was administered on the 22-24 May, its data are analysed page 13.

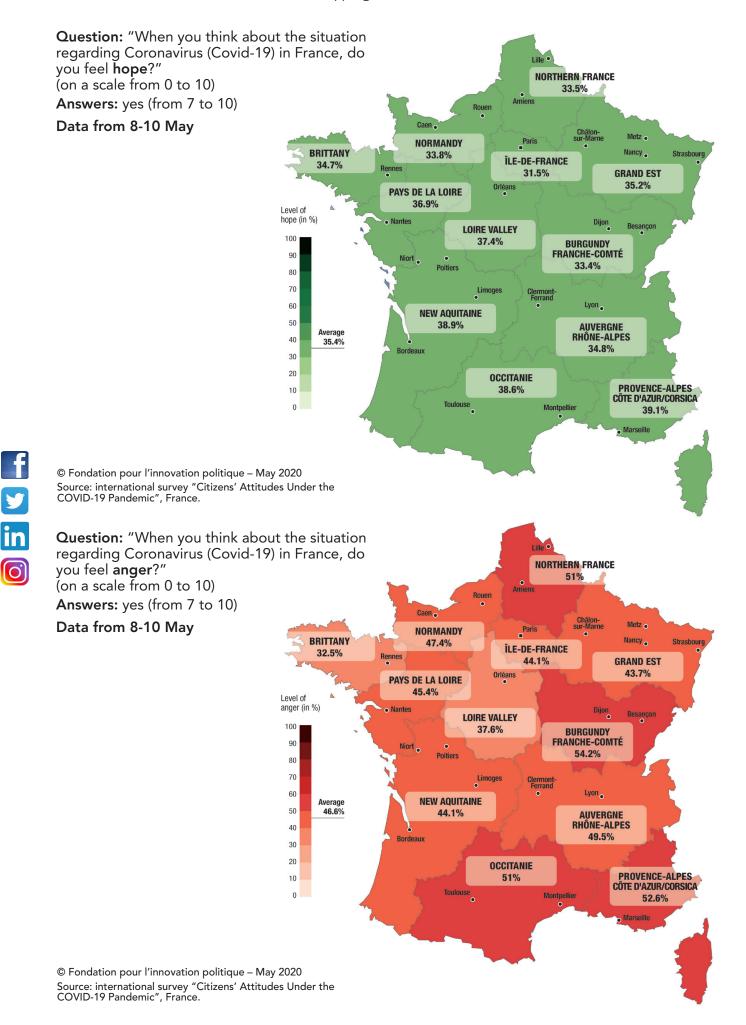
At the same time, we used data on the number of hospitalisations by region to compare the emotions reported in the twelve regions studied with the data concerning the fight against the Coronavirus.

<sup>2.</sup> Argentina, Australia, Austria, Brazil, Canada, Egypt, France, Germany, Italy, Ivory Coast, Kenya, Mali, Morocco, New Zealand, Nigeria, Poland, South Africa, Sweden, United Kingdom, United States.

<sup>3.</sup> Since we do not have data for France's overseas territories, they are not included in this regional comparison of emotions felt in France regarding the Coronavirus crisis. These territories are also not represented on the maps accompanying this analysis. In the rest of this study, the term "region" is used but only includes the twelve studied regions. The "Citizens' attitudes towards COVID-19" survey aggregates data for the Provence-Alpes-Côte d'Azur and Corsica regions.



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# I. France: regional mapping of emotions on the eve of the end of lockdown

As of 8-10 May, 38.3% of the French people surveyed responded that they were feeling fearful (answer "yes", 7-10 on a scale of 0-10) concerning the situation of Coronavirus in France. Nearly half of them (46.6%) said they felt anger and a smaller proportion expressed hope (35.4%).

#### Hope

The sense of hope does not show significant differences between regions. However, Île-de-France residents are the least likely to say they feel hope (31.5%); conversely, the Provence-Alpes-Côte d'Azur/Corsica region is the region with the highest level of hope recorded on the 8-10 May (39.1%).

#### Anger

The feeling of anger is more heterogeneously distributed throughout the country. In four regions, more than one in two inhabitants say they feel angry about the current situation: in Burgundy-Franche-Comté (54.2%), in Provence-Alpes-Côte d'Azur/Corsica (52.6%), in Occitanie (51%) and in Northern France (51%). In two regions, the level of anger is significantly lower: Brittany (32.5%) and Loire Valley (37.6%). The other regions are in an intermediate group, with anger levels ranging from 43.7% to 49.5%.

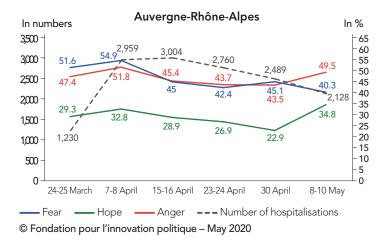
#### Fear

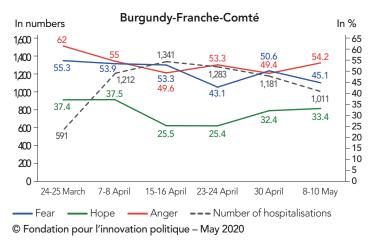
Fear is more often cited in the central regions and in the northernmost region, in Hauts-de-France. It is interesting to note that the regions with the highest number of hospitalisations are not always those where fear is most prevalent.

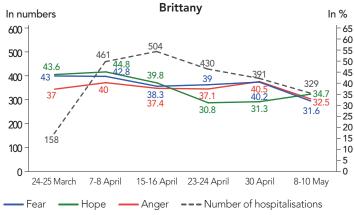
If the geography of emotions in France reveals contrasting responses, it is through their evolution over the last few months that we can observe specific territorial trajectories and that we can see links between reality on the ground and regional feelings.

#### METHODOLOGY

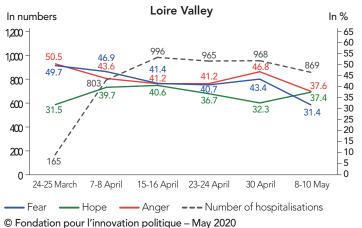
In France, the questionnaire of the survey "Citizens' attitudes towards COVID-19" has been administered eight times so far, at regular intervals, from 16-17 March to 8-10 May (questionnaires are generally administered over two days). For two of these occurrences, that of 16-17 March and that of 1st-2 April, the data are not included in this report's graphical representations and calculations as they did not meet the conditions for guaranteeing the regional representativeness of these samples. A ninth round of the survey was administered on 22-24 May. Its data are not included in the graphs opposite but analysed on page 13.

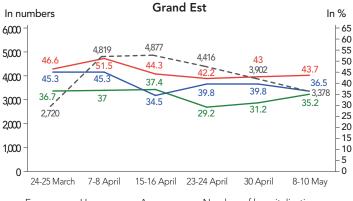




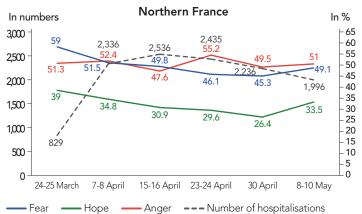


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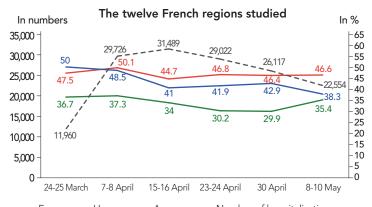


Fear — Hope — Anger --- Number of hospitalisations
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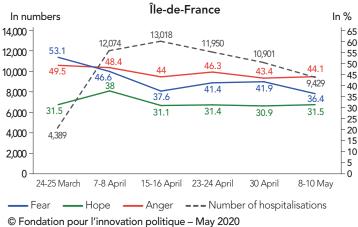


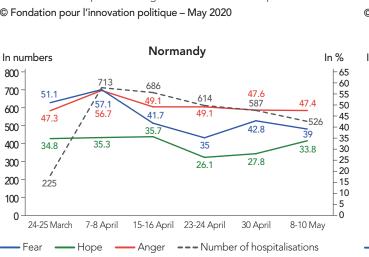
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#### Covid-19 • Mapping of emotions in France

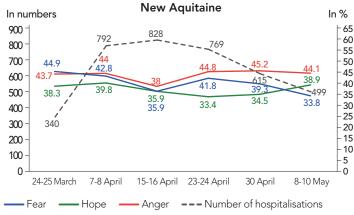




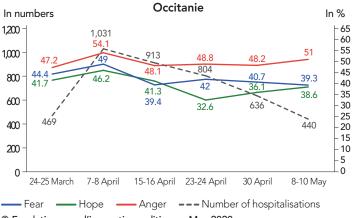




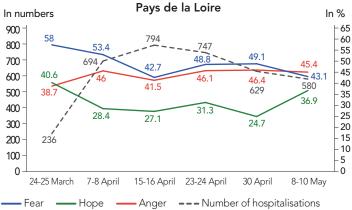
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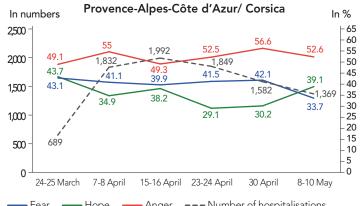




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### II. The evolution of emotions regarding Coronavirus in French regions

#### THE PROGRESSION OF THE VIRUS FROM 24-25 MARCH TO 8-10 MAY

In the twelve studied regions, the pattern of progression of the virus, measured here by the number of hospitalisations, remains the same overall, although at different levels of intensity. Between the end of March and the beginning of April, there was a sharp increase in the number of hospitalisations. In most regions, the number of hospitalisations doubled or even tripled between 24-25 March and 7-8 April. As a result, the growth in the number of hospitalisations has slowed down since then. From the end of April onwards, the number of hospitalisations began to decrease in the twelve studied regions as a whole. This decrease, which varies from region to region, continues at the time of the last survey taken into account here, that of May 8-10.

The twelve regions studied have very different characteristics, particularly in terms of population density and size. These are two important variables here, not only in the spread of the virus but also in people's perception of the measures taken to contain the pandemic. The number of hospitalisations per 1,000 inhabitants makes it possible to establish a ranking of the regions most affected by the virus. On average, over the entire period studied (from 24-25 March to 8-10 May), the regions most affected are Île-de-France (0.84 hospitalisations per 1,000 inhabitants) and the Grand Est (0.73 hospitalisations per 1,000 inhabitants). The regions least affected are Brittany (0.11 hospitalisations per 1,000 inhabitants) and Occitanie (0.12 hospitalisations per 1,000 inhabitants).

### Fear is declining in most of the regions studied

Throughout France, each of the emotions studied follows distinct trajectories. At the beginning of the period, on average, one in two French people (50%) declares feeling **fear** when thinking about the situation induced by the Coronavirus. Thereafter, it is during the 15-16 April survey that we observed the lowest levels of fear (41%), but also of anger (44.7%). Paradoxically, this is the time when the number of hospitalisations reached its peak. This apparent discrepancy could be the effect of the announcement by the French President on 13 April 2020 that the process of ending the lockdown would begin on 11 May.

After an imperceptible increase (1 point more between 23-24 April and 30 April), the proportion of French people expressing fear decreased again during the 8-10 May survey, reaching its lowest level in most regions (38.3% on average, 11.7 points lower than at the beginning of the period). A few regions are the exception to this pattern: Burgundy-Franche-Comté, which experienced a decline in fear later, on 23-24 April, and Normandy, which recorded a significant peak on 7-8 April, with 57.1% of respondents reporting feeling fear. The highest level of fear over the period is recorded in Northern France (59%) during the 24-25 March survey, followed by the Pays de la Loire (58%) on the same dates.

### Cautious optimism throughout the country

For **hope**, there was a continuous decline in the first phase of the survey, from 36.7% to 29.9% from 24-25 March to 30 April. Then, the survey from 8-10 May, on the eve of the end of lockdown, indicated an increase in the proportion of French people who are optimistic about the current situation (35.4%), a level similar to that observed at the beginning of the period (36.7% on 24-25 March). For the first time in two months, respondents expressing hope outnumbered those expressing fear in four out of the twelve regions surveyed: Brittany (34.7% hope vs. 31.6% fear), Loire Valley (37.4% vs. 31.4%), New Aquitaine (38.9% vs. 33.8%) and Provence-Alpes-Côte d'Azur/Corsica (39.1% vs. 33.7%).

### While fear diminishes, anger does not...

Many French people reported feeling angry when they think about the situation created by the Coronavirus. Overall, throughout the entire period, the level of anger did not drop below 44.7% (15-16 April) and changed only slightly. Though fear may decrease, anger does not. Some regions show exceptionally high levels of anger. This is the case, for example, in Burgundy-Franche-Comté where, at the beginning of the period, 62% of the inhabitants said they were angry (the maximum level among all the regions studied) and where this level of anger does not drop below 49.4%. This region is thus the region where anger is the most widespread (54.2% on average), followed by Provence-Alpes-Côte d'Azur/Corsica (52.6%), Northern France (51%) and Occitanie (51%).

However, the graphs on pages 8 and 9 illustrate the fact that, beyond common dynamics, different patterns can be observed in different regions, as shown in the following three examples.

### The Breton exception: optimistic and not too worried

Brittany is the only region where, at the beginning of the crisis, the proportion of respondents feeling hope when they thought about the evolution of the Coronavirus crisis is higher (43.6%) than the feelings of fear (43%) and anger (37%). However, the level of hope dropped 14 points between the 7-8 April survey (44.8%) and the 23-24 April survey (30.8%). It then rose to 34.7%. Brittany also stands out for the low proportion of inhabitants who said that they feel angry, averaging 39.2% over the entire period (compared with 46.6% for all twelve regions surveyed). Moreover, as of 8-10 May, only 32.5% of Bretons expressed anger and 31.6% expressed fear, while 34.7% said they felt hope. Even in comparison with other regions just as minimally affected (0.11 hospitalisations per 1,000 inhabitants) such as New Aquitaine (0.11 hospitalisations per 1,000 inhabitants) or Occitanie (0.12 hospitalisations per 1,000 inhabitants), public opinion in Brittany shows particularly low levels of anger and fear.

# In Occitanie, anger is increasing despite an improvement of the situation

Considering the number of hospitalisations, Occitanie is one of the regions least affected by the Covid-19 crisis. Moreover, after the peak at the beginning of April, the number of hospitalisations fell more sharply than in other regions of France, until 8-10 May, when the number of hospitalisations was lower than at the beginning of the period (440 hospitalisations on 10 May, compared with 469 hospitalisations on 25 March). This is the only region where this is this case. However, high levels of anger were recorded in Occitanie, particularly at the end of the period: on 8-10 May, 51% of respondents said they felt angry when thinking about the situation caused by the Coronavirus. At the same time, a widespread feeling of anger coexists in Occitanie with the highest proportion of respondents declaring a feeling of hope, 39.4% on average over the entire period, compared to 33.9% for the twelve French regions overall.

# Grand Est, an illustration of the divergence between perception and reality

The Grand Est region was one of the regions most affected by the Coronavirus in metropolitan France. However, its inhabitants do not express significantly more fear or anger, nor less hope than the others. By ranking the twelve regions for which we have data from the highest average level of fear to the lowest, the Grand Est region even comes in 9th place, with 40.2% (compared to 43.8% for the average recorded in the twelve regions studied). The same is true for anger: The Grand Est is one of the regions where feelings of anger are least widespread (43.7%).

### Ranking of metropolitan areas according to their average levels of emotion felt from 24-25 March to 8-10 May (in %)

**Question:** "When you think about the situation regarding Coronavirus (Covid-19) in France, do you feel **fear**? (on a scale from 0 to 10)"

Answers: yes (from 7 to 10)

Rank Fear Regions 1 Burgundy-Franche-Comté 50.2 2 Northern France 50.1 3 49.2 Pays de la Loire 4 Auvergne-Rhône-Alpes 46.6 5 Normandy 44.5 Average of the twelve regions 43.8 Île-de-France 6 42.8 7 Occitanie 42.5 8 Loire Valley 42.3 9 Grand Est 40.2 Provence-Alpes-Côte d'Azur/ 10 40.2 Corsica 11 39.8 New Aquitaine 12 39.2 Brittany

**Question:** "When you think about the situation regarding Coronavirus (Covid-19) in France, do you feel **anger**? (on a scale from 0 to 10)"

Answers: yes (from 7 to 10)

Rank	Regions	Anger
1	Burgundy-Franche-Comté	54.2
2	Provence-Alpes-Côte d'Azur/ Corsica	52.6
3	Northern France	51.0
4	Occitanie	51.0
5	Auvergne-Rhône-Alpes	49.5
6	Normandy	47.4
Average of the twelve regions		46.6
7	Pays de la Loire	45.4
8	Île-de-France	44.1
9	New Aquitaine	44.1
10	Grand Est	43.7
11	Loire Valley	37.6
12	Brittany	32.2

Highly affected region (> 0.50 hospitalisations per 1,000 inhabitants)

Intermediate region (between 0.20 and 0.50 hospitalisations per 1,000 inhabitants)

Region minimally affected (< 0.20 hospitalisations per 1,000 inhabitants)

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The case of the Grand Est region helps to demonstrate that, for a given region, on the eve of the end of lockdown, there is no direct link between the number of hospitalisations and the spread of feelings of fear or anger among its inhabitants. In regions with relatively fewer cases, if any, this discrepancy between the feelings experienced by the population and the reality of the situation could be explained, at least in part, by an anxietyprovoking expectation of the wave of the virus being

reported elsewhere in the country. Symmetrically to this apprehension of being contaminated in turn, we find another situation, that of heavily affected regions where the capacity for resilience would have developed, as well as the hope of getting out of it. The fear of being affected by the pandemic among those who have been spared could be matched by the hope of overcoming it among those who have been most affected.

### III. After the end of lockdown, less fear, less anger, but hope remains at half-mast

A new survey, carried out between 22 and 24 May, around ten days after the first day of reopening after lockdown procedures in France, made it possible to observe the evolution of the emotions felt by the French in the twelve regions studied. On 22-24 May, 33.8% of them said they felt fear (-4.5 points since 8-10 May), 32.8% said they felt hope (-2.6 points since 8-10 May) and 43.2% felt anger (-3.4 points since 8-10 May).

### Fear

On 7 May, on the eve of the end of the lockdown, the government published a map to classify the French regions based on a synthesis of three criteria: the dynamics of the epidemic, the number of people in intensive care units (the ICU) and the ability to test and trace individuals who are believed to have come into contact with the virus. The performance of the departments for these different indicators conditioned the mode of exit from lockdown: depending on the colour assigned to the department (red, orange or green), the restrictions put in place as part of the fight against the Coronavirus have more or less eased up. A new map will be published when the government launches the second phase of the reopening after lockdown.

According to this classification, five regions are in red, the others are in green. Of the regions classified in red, one, Mayotte, is not part of the regions studied here. Among the four others, three have levels of fear above the average of the twelve regions (33.8%): Burgundy-Franche-Comté (47%), Northern France (43.3%) and Île-de-France (35.2%). The Grand Est region is an exception with a lower level of fear (29.6%) and closer to the three least-affected regions (Occitanie, New Aquitaine and Brittany) than the other regions in red. Furthermore, following a reduction in the levels of fear expressed there, these three least-affected regions now appear at the bottom of the ranking, which was not the case in previous surveys. Perhaps this could be understood as a first effect of the end

of lockdown, bringing relief to the inhabitants of these regions, who, although confined to areas with lower levels of the virus, could have developed a sense of frustration.

#### The feeling of fear in twelve French regions between 8-10 May and 22-24 May 2020 (in %)

**Question:** "When you think about the situation regarding Coronavirus (Covid-19) in France, do you feel **fear**? (on a scale from 0 to 10)"

Answers: yes (from 7 to 10)

Region	22-24 May	Evolution 22-24 May/ 8-10 May
Burgundy- Franche-Comté	47.0	+1.9
Northern France	43.3	-5.8
Auvergne- Rhône-Alpes	36.5	-3.8
Loire Valley	36.4	+5.0
Normandy	36.2	-2.8
Île-de-France	35.2	-1.2
Average of the twelve regions	33.8	-4.5
Provence-Alpes- Côte d'Azur/Corsica	32.6	-1.1
Pays de la Loire	29.9	-13.2
Grand Est	29.6	-6.9
Occitanie	28.8	-10.5
New Aquitaine	28.0	-5.8
Brittany	24.6	-7.0

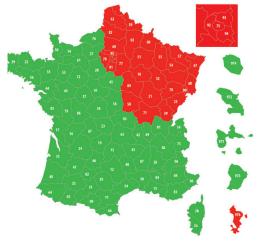
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#### Anger

The end of lockdown seems to be a source of appeasement for many French people. Anger remained very high and barely varied over the last two months (March to May 2020), yet it decreased significantly for the first time on 22-24 May.

Feelings of anger increased significantly among residents of the Île-de-France region (+2.7 points), slightly in the Loire Valley (+1.2 points) and barely

Map of the end of lockdown in France (7 May)



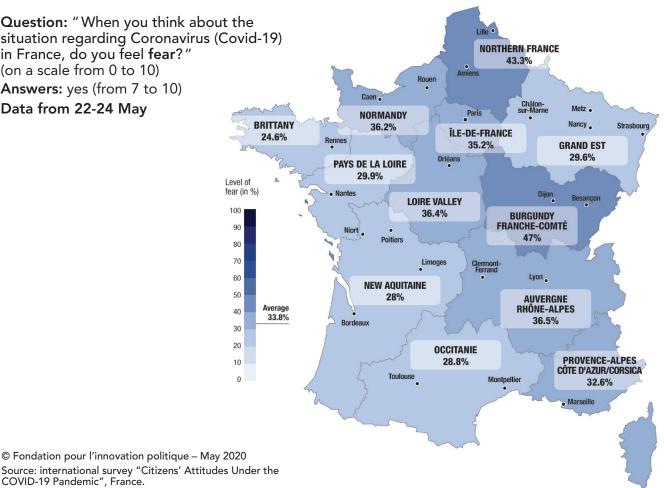
Source: gouvernement.fr ; https://www.gouvernement.fr/ info-coronavirus/les-actions-du-gouvernement

Question: "When you think about the situation regarding Coronavirus (Covid-19) in France, do you feel fear?" (on a scale from 0 to 10) Answers: yes (from 7 to 10) Data from 22-24 May

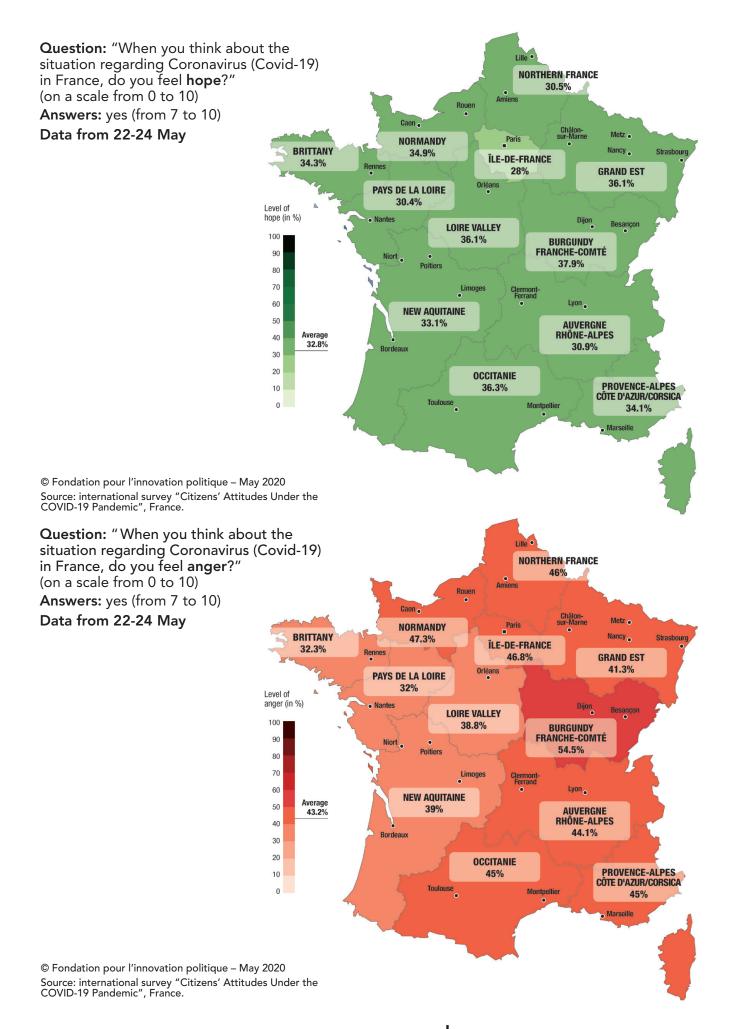
in Burgundy-Franche-Comté (+0.3 points). Anger decreased in the other regions studied. The largest variations are observed in Pays de la Loire (from 45.4 to 32.0%, down 13.4 points), Provence-Alpes-Côte d'Azur/Corsica (from 52.6 to 45.0%, down 7.6 points) and Occitanie (from 51 to 45%, down 6 points).

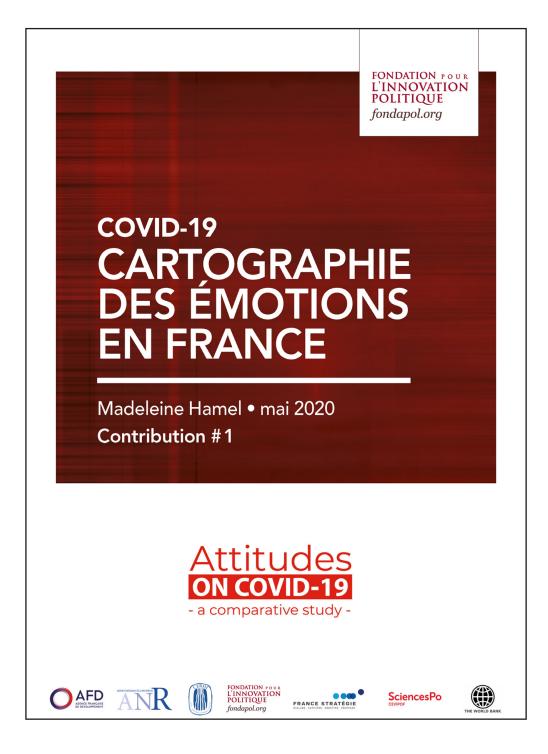
#### Hope

Although the number of hospitalisations continues to decline in each of the twelve regions studied, and while the situation appears to be improving, the sense of hope is not increasing. It has slightly increased in Burgundy-Franche-Comté compared to 8-10 May (+4.5 points), but elsewhere it remains constant or is decreasing. On average, only a third (32.8%) of French people in the twelve regions studied say they feel hope when they think about the situation caused by the Coronavirus pandemic. This proportion reaches its minimum (28%) in Îlede-France and its maximum (37.9%) in Burgundy-Franche-Comté. It is also in the latter that the highest level of fear (47%) was recorded on 22-24 May.



Source: international survey "Citizens' Attitudes Under the COVID-19 Pandemic", France.









### May 2020











